



PROFESSIONAL SERVICES

Women consumers and carers who experience mental illness may prefer to choose their own health professional or want more information. They also may need legal advice.

Click on the listed services below for more information.

Find a professional

Counselling

Mental health nurses for counselling

1300 224 636

Centres Against Sexual Assault (CASA) – click for nearest location

03 9635 3600

Switchboard (LGBTI info, support and referral)

1800 184 527

General health services information

Aged Persons Mental Health Services (65+ years)

03 9096 0000

Forensicare – support for family & friends of those in the justice system

03 9495 9100

Statewide rural, regional & metro women's health services

Victorian Govt. mental health services - find a local service

Medical related

Beyond Blue – find a professional

1300 224 636

Black Dog Institute fact sheet – GPs who are mental health friendly

02 9382 4530

Female psychiatrists by location

03 9640 0646

Royal Australia and New Zealand College of Psychiatrists by location

03 9640 0646

Legal Information

Mental Health Act 2014 handbook

1300 650 172

Mental Health Complaints Commissioner

1800 246 054

Mental Health Legal Centre

1800 555 887

Victorian Legal Aid Intro to the Mental Health Act 2014

1300 792 387

Victorian Mental Illness Awareness Council

03 9380 3900

Research

The Women's – Centre for Women's Mental Health

Monash Alfred Psychiatry Research Centre

Women's Health in the 21st Century

Disclaimer: Women's Mental Health Network Victoria has exercised due care in ensuring the accuracy of the material contained on this website, the information is made available on the basis that The Network is not providing professional advice on a particular matter. This website is not a substitute for independent professional advice. Nothing contained in this website is intended to be used as medical advice, nor should it be used as a substitute for your own health professional's advice.

*If you need urgent support please contact your doctor.
Or call Lifeline 13 11 14.*